



RITUAL MENU

Warm water, garden, silence.



Wellness Center Spa · Medellín



WELCOME

*Here, you come
to let go.*

CALMIA



THE PLACE

The Milla de Oro's only garden

1,000 m² in El Poblado: an outdoor pool, open-air jacuzzis, sauna and Turkish bath. A garden where the city stays outside.





RITUALS FOR HIM

[WATCH VIDEO](#)

A pause you can feel.

Ritual Escape de Eucalipto

60 MIN

One hour of steam and deep massage to pause the week.

Absolute Distinction Ritual

150 MIN

Eucalyptus steam, firm hands and hot stones: a ritual to let the week go.

Ritual de Caballeros

180 MIN

Massage, volcanic stones, facial and jacuzzi in one complete ritual.

ALSO Ritual Vitality · 90 min



RITUALS FOR TWO

Time stops when there are two.

Ritual Amor Eterno

150 MIN

Rose petals, candles and a private bubble bath, just for two.

Ritual Soulmate

165 MIN

Facial, couples massage and a private bubble bath, with wine and snacks.

Ritual Romance

80 MIN

Petals, candles and eucalyptus for a date that feels like calm.

ALSO A Duo · Del Vino · El Secreto · Dulce Espera



WATCH VIDEO





COLOMBIA COLLECTION

Colombia, on your skin.



WATCH VIDEO

Ritual del Cacao

120 MIN

Warm Colombian cacao on your skin: a ritual you can smell and taste.

Ritual del Café Colombiano

150 MIN

Organic coffee from Huila and eucalyptus steam: a ritual that wakes you up.

Ritual de la Rosa

120 MIN

Colombian rose, thermal salts and a floral bath to end the day in calm.

ALSO Ritual Ancestral · 120 min

RITUAL

EVERY NAME, A STORY

*Every ritual has
a name of its own.*

FOR HER • WITH FRIENDS • BIRTHDAYS

Celebrating you is a ritual.

FOR HER

Ritual Gold 180 MIN

24k gold on your skin: a wrap and facial in a luxury ritual.

WITH FRIENDS

Ritual Amigas 110 MIN

Massage, stones and jacuzzi, in groups of 2 to 8.

BIRTHDAYS

Ritual de Cumpleaños 165 MIN

Celebrate in the garden: massage, jacuzzi, brownie and decor.



WATCH VIDEO



MASSAGES & DAY RITUALS

Choose your pace.

MASSAGES · MIN

Classic Relaxing Massage	60-120
Full-Body Massage	60-120
Deep Tissue Massage	60-120
Relaxing Mix Massage	60-120
Thermal Candle Massage	60-120
Hot Stone Massage	60-120
Himalayan Stone Massage	60-120
Four-Hand Massage	60-120
Ten-Hand Massage	75
Garden Massage	80
Therapeutic Massage + Pool	80
Lymphatic Drainage Massage	60-90
Prenatal Massage	60-90
Executive Massage	40

FACIALS & CARE · MIN

Luxury Facial Nutrition	90
Petit Facial	35
Back Purification	60
Foot Ritual	30

DAY RITUALS · MIN

Ritual Akzara	330
Ritual Dioses	240
Ritual Elixir	240
Ritual Detox & Equilibrio	180
Ritual Hindu	180
Ritual Raíces	180
Ritual Herbal	165
Ritual Renacer	165
Ritual Renovación	165
Ritual Esencial	150
Ritual Pétalos de Rosa	150
Ritual Wellness	90

And many more. Ask for the full menu on WhatsApp.

MEMBERSHIPS

A wellness habit.

Aqua Membership

1 MONTH

4 therapeutic 60-min massages, 2 body scrubs and 4 Turkish bath & pool visits.

Silver Membership

3 MONTHS

15 relaxing 60-min massages, 3 body scrubs and 12 Turkish bath & pool visits.

Gold Membership

6 MONTHS

36 relaxing massages, 2 deep facial cleansings, 6 body scrubs and 36 visits.

CORPORATE WELLNESS

A team wellness program for companies: wellbeing for your team, tailored to you. Message us on WhatsApp.



Book your ritual.

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El Poblado · Milla de Oro | Provenza



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